

Step 2 - I come to believe God can restore me to sanity

- *What was the religion your family of origin practiced or claimed to be a part of?*
- *List the positive and negative aspects, as you see it, of your family's religion.*
- *Have you made a break with your family's religion or have you stayed with it? Explain why you have taken your particular course of action.*
- *What other people have helped you to see the unmanageability of your life? Do they believe in God and if so describe their belief as far as you know of it?*
- *Recall some of your best friends from childhood or adolescence. Describe what you liked best about them and what they liked best about you? Do you think that these qualities have any relationship to God? Explain.*
- *Describe any events, situations or people who have helped you to understand what God is all about.*
- *Describe any dreams you have had about God, and what they mean to you.*
- *What has been your previous experience with religion? How do you think this does or does not relate to your experience with God, as you understand Him?*