

Step 11 - Through prayer and meditation I seek to improve my conscious contact with God as I understand Him, praying only for knowledge of God's will for my life and the power to carry that out

- *Can you recall a time your life was heading in the wrong direction? If so, what brought you back? Describe this in detail.*
- *How would you describe your beliefs about God to a child?*
- *What are your favorite sources of wisdom and knowledge about healthy values?*
- *Has anything you ever read convinced you to change in some fundamental or deep way?*
- *If you were stranded on a desert island with only one book, which book would you take? Why?*
- *If you had only one week to live and unlimited resources, who would you gather around you and how would you pass the time?*
- *Write out a complete form of what you would like your obituary to say.*
- *What do you believe will happen to you after you die?*